



ARTS UMBRELLA YEAR-LONG THEATRE INTENSIVES: 2025/2026 INFORMATION PACKAGE

Be a part of something special! The Arts Umbrella Year-Long Theatre Intensives are intended for students ready for a larger commitment to the art and craft of theatrical performance. They are a place to belong. Your journey is a full year in the making; from September to June you work with industry professionals to take your skills to the next level. These programs are preparation for further study, including our Advanced Troupes and Half Day Professional Training Programs in Performance.

Please note that the Arts Umbrella Year-Long Theatre Intensives are a full year commitment. Missed classes may result in casting changes for public performances at the discretion of the instructor.

How Do I Apply?

Visit www.artsumbrella.com/theatre-intensive to fill out an application form.

Prospective students must have completed at least two sessions of Arts Umbrella Theatre training, or equivalent. Students are divided into levels appropriate to age and experience.

Student applications are reviewed on a first come first serve basis. Acceptance letters will be sent to new students starting June 3rd, 2025.

Performance Opportunities*

- Musical Theatre Winter Shorts Weekend – December 5-7, 2025
- Film Acting Winter Shorts Screening – Dec 10, 2025
- Theatre and Sketch Comedy Winter Shorts Weekend – December 12-14, 2025
- Expressions Theatre Festival Year End Showcases (all Intensives) – mid-June 2026
- Cabaret Evenings (Musical Theatre Intensives only) – late-June 2026

**Detailed performance schedules will be available in October and other performance opportunities may arise throughout the year.*

For more information or to apply, please visit www.artsumbrella.com/theatre-intensive and follow the link provided or contact theatre@artsumbrella.com

Proposed Schedule for 2025/26*

Film Acting

| | | |
|---------|------------|-------------|
| Level 1 | Wednesdays | 4:00-6:00pm |
| Level 2 | Wednesdays | 6:30-8:30pm |

Musical Theatre

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|---------|------------|-------------|-----------------------|
| Level 1 | Wednesdays | 4:00-6:00pm | with Dance – time TBC |
| Level 2 | Wednesdays | 4:00-6:00pm | with Dance – time TBC |
| Level 2 | Sundays | 1:00-3:00pm | with Dance – time TBC |
| Level 3 | Wednesdays | 6:30-8:30pm | with Dance – time TBC |
| Level 4 | Wednesdays | 6:30-8:30pm | with Dance – time TBC |
| Level 4 | Sundays | 3:15-5:15pm | with Dance – time TBC |

Sketch Comedy & Improv

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|---------|---------|-------------|
| Level 1 | Fridays | 4:00-6:00pm |
| Level 2 | Fridays | 4:00-6:00pm |

Songwriting and Digital Music Production

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|-----------|-------------|
| Thursdays | 6:00-8:00pm |
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Stage Combat

| | |
|---------|-------------|
| Mondays | 4:00-6:00pm |
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Stagecraft

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| Tuesdays | 5:45-7:45pm |
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Theatre Directing and Production

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|------------|-------------|
| Wednesdays | 6:30-8:30pm |
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Theatre Intensive

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|---------|---------|-------------|
| Level 1 | Mondays | 4:00-6:00pm |
| Level 2 | Mondays | 4:00-6:00pm |
| Level 3 | Mondays | 6:30-8:30pm |

**Subject to change.*

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PROGRAM DESCRIPTIONS

Film Acting Intensive

Level 1 & 2 | Ages 11-16

Discover what it's like to be on set and what it takes to get you there! Students collaborate to make an original short film, which will be screened at their year-end performance. The class explores techniques on how to be in the moment, how to surprise yourself in your work, and how to audition for film and television.

Musical Theatre Intensive

Level 1, 2, 3 & 4 | Ages 9-16

Keen students eager to see their skills and confidence grow learn acting techniques, dance and choreography, singing and musicianship, and more with our professional artist/instructors. Students will build connection, safety, and community, while creating dynamic ensemble and solo performances. Student perform ensemble numbers for our Winter Shorts revue and a fully scripted musical for the Expressions showcase in June as well as performing a solo at our intimate year-end cabaret.

The Musical Theatre Intensives are delivered as a package along with a Dance class.

Sketch Comedy & Improv Intensive

Level 1 & 2 | Ages 11-16

Through a mixture of improvisation and writing, young actors gain creative thinking, team building, and communication skills that benefit them on the stage and in everyday life. Industry professionals help students develop technique, discipline and artistry. Curriculum is guided by the principles of Viola Spolin's "Improvisation for the Theatre" and Del Close's "Harold" format. Long form, theatre sports, and comedy-based improv are explored at higher levels, once foundations in Spolin-style improvisation are firm.

Songwriting and Digital Music Production

Ages 12-19

Using music-making software and recording studio equipment, students will write lyrics and compose melodies as a group, and then record, mix, and master their song. They will also be introduced to the business side of being an artist, learning how to write a media release, creating album art, and devising social media campaigns to promote their work.

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Stage Combat

Ages 13-19

What do Shakespeare plays and Marvel movies have in common? Stage combat! In this Intensive, students learn basic stance/posture, approaches to consent and safety, safe striking, falling, blocks and parries, grappling, and control. Through structured exercises and play, students work on coordination, balance, strength, endurance, and teamwork to learn how a stage-combat sequence furthers the development of a story. As the year progresses, students will move on from hand to hand combat to swordplay and other safe-for-stage weapons.

Stagecraft

Ages 13-19

Building on skills developed in the Stagecraft General Program, students blend creativity with technical skill, learning design elements of how productions come to life and how to work safely in a scene shop and backstage. They will work directly on the public presentations our programs create throughout the year, with an emphasis on collaborative design and practical use. Led by a combination of talented teachers and guest designers, students will create props, build set pieces, find and create costumes, and design sound and lights as they build the worlds around our Winter Shorts and Expressions productions.

Theatre Directing and Production Intensive

Ages 13-16

A live theatre production is so much more than what happens on the stage. In this yearlong intensive, students learn the art and craft of directing and production management for theatre. Students learn processes and methods for breaking down scripts, supporting the rehearsal process, and working with actors, designers, and producers to facilitate great moments for the stage. As a practicum, some students will be offered the opportunity to intern on one of Arts Umbrella's productions with support from the Artistic Director and other professional directors and stage managers.

Theatre Intensive

Level 1, 2 & 3 | Ages 9-16

Young actors build their skills through focused theatre exercises that encourage mindfulness and self-awareness, experimenting with emotional and physical character portrayals. As students progress, they will learn to follow their impulses and improve their rehearsal and performance skills through a variety of theatre exercises, character studies, and script work. Students will explore a variety of theatrical techniques and styles such as Laban, mime, and mask, while experimenting with breath work to help connect to and access different emotions. Young actors are empowered to make bold emotional and physical character choices.

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